

# High-end Electrical Play

presented by Eibon

## What Is High-end Electrical Play?

“High-end Electrical Play” is a term coined by Officer Wes of San Diego in 2007.

It combines light, sound, and electricity (e-stim / erotic electro stimulation) in an effort to make music, mind, and body one. Many who experience high-end play report a feeling of “going to another dimension” or “being taken to another orbit.”

One comment frequently heard after a high-end scene is “**I’ll never listen to those songs in the same way again!**”

Please familiarize yourself with basic e-stim safety before attempting this type of scene. There are also additional safety considerations that come with light / sound machines. Here is the warning included with the Nova Pro 100:

*“**Warning:** If you, or anyone else who will use this machine, are subject to any form of seizures, epilepsy or visual photosensitivity, are using a pacemaker, suffering cardiac arrhythmia or other heart disorders, currently taking stimulants, tranquilizers or psychotropic medications, specifically including illicit drugs and alcohol, please do not use ours, or any other Light/Sound system.”*

## What You’ll Need To Do High-end Electrical Play

High-end play consists of three components: a **sound source**, a **light / sound machine**, and an **e-stim box** capable of processing music.



5. Connect the glasses to one of the **LIGHT** outputs on the Nova Pro 100
6. Connect your electrode to “**A—Out**” (and “**B—Out**” if using both channels) on the ErosTek 312 (make sure the power is off) then securely place your electrodes in / on your partner
7. Turn on the Nova Pro 100 and ErosTek 312 (make sure the power is turned down on the 312)
8. Start your music, turn the **SOUND** and **LIGHT** outputs on the Nova Pro 100 all the way up
9. Select “Audio 2” on the ErosTek 312. Slowly turn up **OUTPUT A** (and B if using it) until your partner can feel the electrical stimulation. Make certain to establish some sort of feedback so you know when you’ve reached their “baseline”
10. Slowly adjust the power up throughout the course of the playlist. When finished make sure your e-stim box is turned OFF before removing any electrodes!

## **Things To Keep In Mind:**

- Turn your sound source up to approximately 80-90% volume
- Use MA (Multi-Adjust) on ErosTek 232 or 312 to make sure the lights are moving, not too weak and not too solid
- Use music with a beat for best results with the lights
- The Nova Pro 100 has an automatic shutdown feature—if no buttons are pressed within 15 minutes, the unit will shut down. This can be changed in the “PPP” settings.

## **Resources:**

**Original High-end handout** from Officer Wes: [tinyurl.com/4kbrh6v](http://tinyurl.com/4kbrh6v)

## **E-stim Units:**

ErosTek—ET232 and ET312 - [erostek.com](http://erostek.com)

ElectraStim—ElectraStim Sensavox EM140—[electrastim.com](http://electrastim.com)

E-stim Systems— E-stim Systems 2B—[store.e-stimsystems.com](http://store.e-stimsystems.com)

## **Light/Sound Machines:**

(Make sure you get the right polarity when buying glasses — **CG** or **CP**—Nova Pro 100 and DAVID machines use the same glasses but the Nova Pro 100 uses CG, the DAVID models use CP)

Mind Alive—DAVID series of L/S machines—[mindalive.com](http://mindalive.com)

Photosonix—Nova Pro 100 and ColorTrack Glasses—[photosonix.com](http://photosonix.com)

Tools For Wellness—variety of L/S machines—[toolsforwellness.com](http://toolsforwellness.com)

## **Optional Accessories:**

OhMiBod—music-driven vibrators—[ohmibod.com](http://ohmibod.com)

HoMedics iCush-100 Immersive Audio Sync Massage Seat—this isn't sold any longer but new and used seats may be found on eBay

## **Do-It-Yourself E-stim / High-end:**

Cheap E-stim—inexpensive sound-driven e-stim—[tinyurl.com/nflb7fq](http://tinyurl.com/nflb7fq)

Build Your Own LED Glasses For Mind Machines—[www.bwgen.com/magicjim](http://www.bwgen.com/magicjim)

# **Thanks for attending today!**